

GUIDELINES TO FOLLOW FOR KEEPING YOUR ILL CHILD HOME FROM SCHOOL

Students are often exposed to risks of the flu, strep throat and symptoms of the common cold. Basic good health practices will limit the spread of infection. Please review them with your child. These include nutrition and hydration, proper personal hygiene and sufficient rest. **HAND WASHING IS MOST IMPORTANT.**

The following guidelines are to assist in deciding when to keep your child home from school:

- Any student presenting with a temperature of 100 degrees or greater
- Vomiting or diarrhea
- Rash of an unknown origin
- Eyes that are pink with crusting, itching or drainage
- Severe cold symptoms

It is suggested if a student is sent home with any of these conditions, they should remain at home at least the next day to assure that they are well. This will also assist in decreasing the risk of exposure to other students.

We appreciate your attention to this serious issue. Following these recommendations will help to keep all of our students healthy.