

TRACK AND FIELD CROSS COUNTRY



WWW.CHICAGOFLYERS.ORG

Parent Information Night, February 5th

Brama la Pizza, 34 S Prospect Ave Clarendon Hills, IL 5:30-8 PM

Spring Track Clinic, March 15th and 22nd

Oak Brook Park District, 1450 Forest Gate Road 2:30-4:30 PM

- The premier Track/Cross Country team for 5-15 year olds living in the Near West Suburbs.
- Practice locations vary-Westmont, Western Springs, and Forest Preserves.
- Practices include running mechanics, speed, athleticism, sprint/mid/long distance events, with a heavy emphasis on teamwork.
- Practices are creative with a sense of play yet technically demanding.
- Members range from beginner to national level athletes.
- The Chicago Flyers compete in AAU, USATF and CCCNYC meets.
- Accolades: Record Holders- Hinsdale Rotary Run, Loyola Invite. State Age Group Champions- AAU Track and Cross Country. Medalists at the Coaches Cross Country Youth National Championship. Champions and Age Group Winners at the Hinsdale Rotary Run, Daisy Dash, Western Springs Tower Trot, Hot Chocolate Run, Darien Dash, Y-Me Race.

www.chicagoflyers.org or info@chicagoflyers.org

